

CONSTRUCTIVE vs. DESTRUCTIVE

Constructive criticism is when you are giving feedback to someone in a respectful and thoughtful way. It is meant to help the other person improve their skill or performance. Destructive criticism is feedback that is not helpful and is often times hurtful to the other person. Color in the feedback that you think is constructive!

That was probably the worst shot I've ever seen anyone take!

That was a good try, but you're not quite there yet. Try this and see if it works!

I can't think of a single thing you did right during the game.

You're really good at passing, but your dribbling could improve a bit.

You must be out of shape because you're so slow. Keep up!

Show me what your shot looks like and I can give you some pointers.

Even though you didn't catch it, you were close! Open your glove a bit wider next time and you've got it!

There are a few things you can start doing differently. Let me know if you'd like me to help.

You can't catch or throw very well. I don't know why you came in the game. You made us lose!

You're really not as good as everyone thinks you are!

You've got a long way to go! It's like you don't even want to get better.

