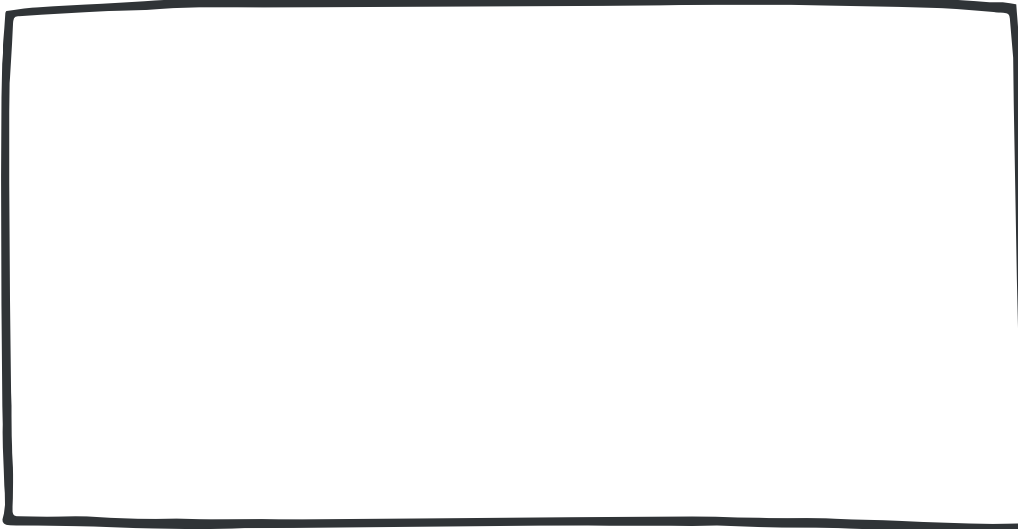


# Something Made Me Feel Angry

Draw what happened to make you feel angry.



How angry did you get?

1 2 3 4 5 6 7 8 9 10

How else were you feeling?

Draw what you can do differently the next time you're feeling angry.

How did you respond?

