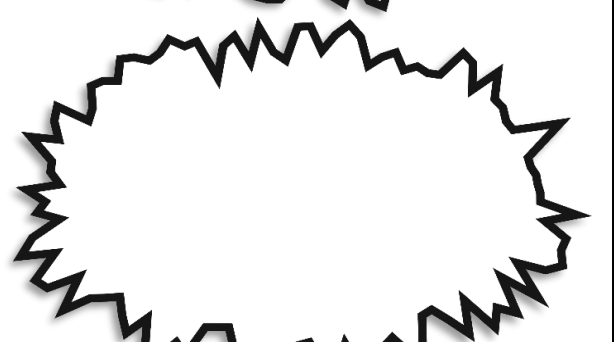
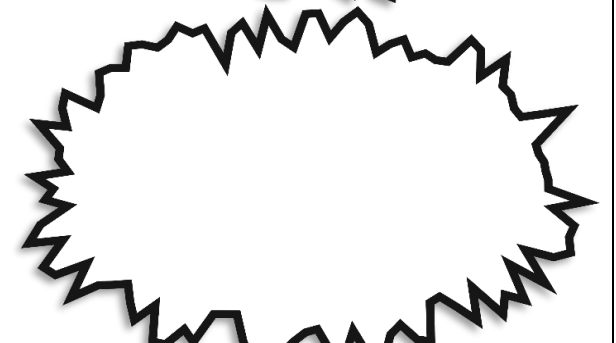
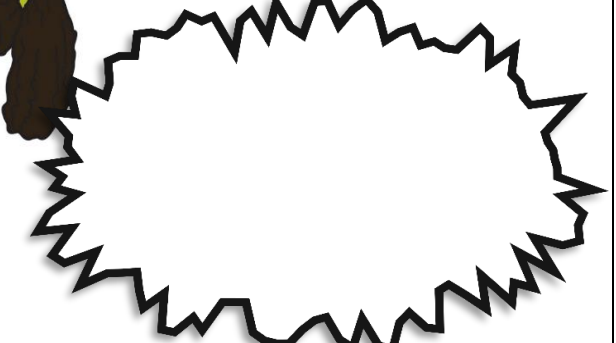
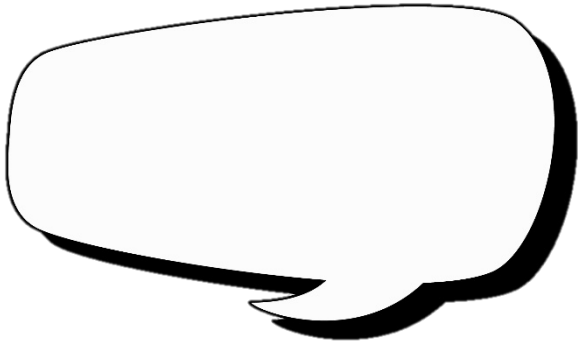
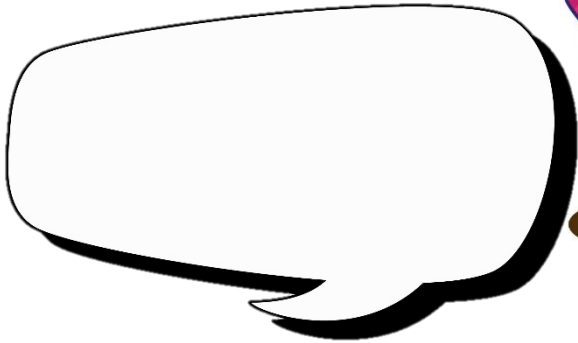
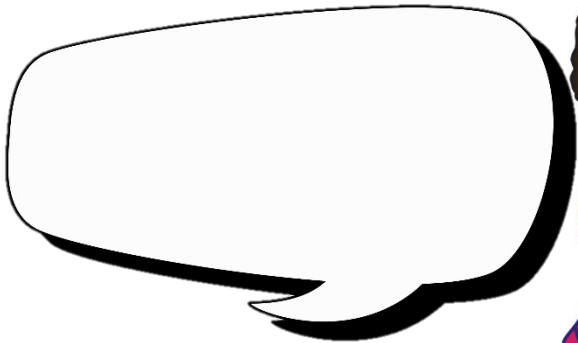
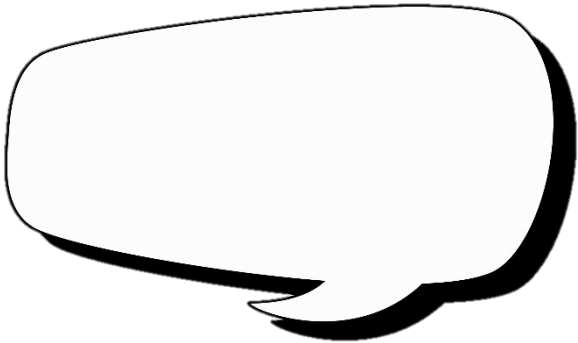


SAY THIS!

Whenever you feel sad, there are certain things that others can say to help you feel better. There are also things they could say to make things worse! When you get sad, what do you need to hear? What is it that you don't want to hear?

SAY THIS!

DON'T SAY THIS!



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